# **Feeding Our Neighbours**





### From the Executive Director

Dear Friend of The Mississauga Food Bank,

Recently, I met a young single mom at one of our neighbourhood food banks. For the past year, your generous financial support has provided Katrina and her two-year-old son Pasha with nutritious meals and access to community support programs. Because of you, The Mississauga Food Bank and our neighbourhood partners are helping people like Katrina balance the pressures of work, school, childcare, and mounting bills. Because of you, Katrina is working toward a better life to support herself and her son... breaking the cycle of poverty.

From the bottom of my heart, thank you for being a partner in feeding 65,000 hungry Mississauga neighbours such as Katrina and her son.

As the cost of living continues to increase resulting in growing pressure on families with limited or no incomes, the number of Mississauga families without enough food to eat is rising. In order to meet the increasing needs of these hungry families, we are continually expanding our network of partner agencies to ensure food is available to those who need it. The Mississauga Food Bank welcomed new partner agencies last year for a total of 154 programs that now provide food support in all regions and neighbourhoods across Mississauga.

We aren't just feeding those who are hungry in our community through our neighbourhood food banks, but also through our community kitchens, food pantries, youth drop-in centres, before-school breakfast programs, and shelters. We will continue to expand our agency network by focusing on high-need neighbourhoods and with a priority on feeding hungry children and seniors. None of this would be possible without your help!

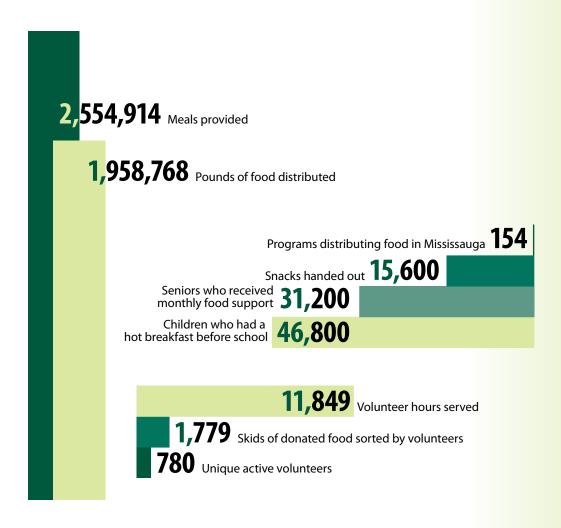
With your support, we sourced, managed, and distributed 1.95 million pounds of food last year. We are working to assure we have enough of six core food items in stock - fish/meat, fruit, vegetables, beans, soup/stew, and peanut butter – as these are foods most often requested by our clients and agencies. We continue to ensure that the food we distribute is as healthy as possible.

Thank you again for your support and I look forward to another year of partnering together to fight hunger and feed hope for our hungry neighbours like Katrina and Pasha.

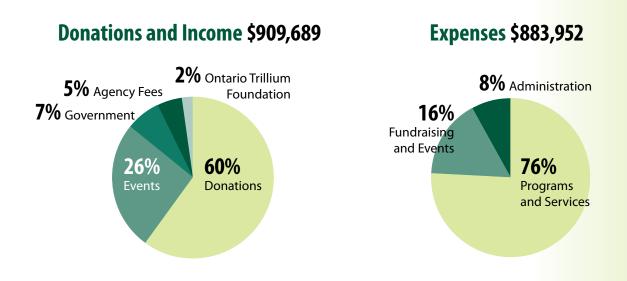
Sincerely,

**Chris Hatch** 

**Executive Director** 



## 2011-2012 Financial Overviews



### What We Do

The Mississauga Food Bank is the central food distribution program in Mississauga supporting 65,000 clients each month through 154 food programs, including the city's seven neighbourhood food banks. This system allows The Mississauga Food Bank to focus on what we do best – sourcing, managing and distributing food, and in turn allows our partner agencies to focus on what they do best – serving clients. Through this system we are able to fight hunger and feed hope for families, children and seniors in Mississauga who live in poverty.



### How We Work



The Mississauga Food Bank sources, warehouses, and distributes 1.95 million of pounds of food each year. Food is sourced through corporate and individual donations, sponsorships, and our collaborative membership with the Ontario Association of Food Banks and Food Banks Canada. To serve our clients fairly and efficiently, The Mississauga Food Bank has divided the city into a network of service delivery areas corresponding to postal codes. Clients are assigned to a food bank based on the postal code of their current residency. These food banks are autonomous organizations led by staff and volunteers who pick up food, stock shelves and support clients by distributing food and providing personal advocacy services.

### What's Your Part?

One of the amazing things about The Mississauga Food Bank is that it is truly an organization for the community, supported by the community. 93 per cent of our funding comes from community sources, with the remainder coming from the regional government. The Mississauga Food Bank relies on support from the community; and when you support the food bank, you know that you're actually making a difference in the lives of those that need help.



## **Partner Agencies**



#### **Neighbourhood Food Banks**

- The Compass Market Food Bank
- Eden Community Food Bank Battleford
- Eden Community Food Bank Unity
- Malton Food Bank
- Seva Food Bank
- St. Mary's Food Bank Coopers
- St. Mary's Food Bank Dundas

#### **Pantries/Meal Programs**

- Breakfast for Kids (Over 100 programs in Mississauga)
- Deacon's Cupboard
- Halton Recovery House
- Hope Place Women's Centre
- ICNA Relief Canada
- Interim Place
- Malton Neighbourhood Services Pantry
- Our Place Peel
- St. John of the Cross Pantry
- St. Joseph Community Kitchen
- St. Mary Star of the Sea Community Meals
- UTM Student Union Food Bank



## The following are our partner agencies through whom we provide food to 65,000 people each month.

These food programs are charitable organizations led by staff and volunteers who offer a variety of programs, such as:

- Providing 7-10 days' of nutritious food for families once per month
- Sheltering women and their families from violence
- Teaching young moms how to cook nutritious meals
- After-school drop-in programs for at-risk youth
- Providing hot breakfasts to kids before school
- Settlement support and ESL for newcomers to Canada
- Social interaction and conversation for vulnerable seniors
- A holiday breakfast and visit with Santa for low-income children

#### **Snack/Drop-In/Event Programs**

- Active Coptic Seniors in Mississauga
- Breakfast with Santa Foundation
- Canadian Coptic Children's Program
- The Dam
- Erin Mills Youth Centre
- Lakeshore Community Corridor Team
- · Laugh, Learn & Play After-School Program
- Malton Neighbourhood Services After-School Program
- Peel Multicultural Council
- Polycultural Immigration and Community Services
- Reach Out Committee
- Square One Older Adult Centre
- Touché Empowerment Services
- Vita Centre
- Women Centre of Peel



### Thank You!

We would like to thank the many individuals and organizations for their commitment to feeding our hungry neighbours this year! The following is a list of those whose donations totalled over \$1,000 in the 2011-2012 fiscal year.

#### Gourmet Society - \$25,000+







#### Connoisseur Circle - \$10,000+

- Maxxam Analytics
- Mizan
- Tim Hortons Store Owners of Mississauga
- Wal-Mart Canada Bank

#### Culinary League - \$5,000+

- 907282 Ontario Inc.
- Frank Fowler Foundation
- GE Commercial Distribution Finance
- Purolator
- Remax Promotions
- Rotary Club of Mississauga West
- Seekér's Hub
- Shaw Direct

#### Gastronomic Guild - \$1,000+

- 3M Administrative Services
- Heather Aberle
- Heidi Bischof
- Bell Mobility Creekbank

- Bentall Kennedy Canada
- BMO Life Assurance
- Rita Bloen
- Jane Bonsteel
- Glenn Bragonier
- Ceridian
- Chugh Medicine Professional Corporation
- Contrans Flatbed Group
- CTC Communications
- CTS of Canada
- Daimler Trucks North America
- George Daszkowski
- DataScan
- Ken Dinshaw
- Eaton Yale Company
- Ecometrix
- Wal-Mart Canada
- Ibrahim Elammar
- Jim and Diane Evans
- Fram Building Group
- Susan Gantner
- Roy Gaysek
- Christopher Hart
- David Harrison
- Hartwich O'Shea & Cartwright
- HB Group Insurance Management
- IMAX Corporation
- Intuit Canada
- Gwen Kenyon
- Kiwanis Club of Mississauga South

- Kraft Canada
- · Mississauga Credit Valley Lions Club
- Nissan Canada
- Norampac-Vaughan
- PepsiCo Foods
- Pepsi-OTG Canada
- Jim Milne
- Philip Mostowich
- Laura Paton
- Neils K Pedersen
- Port Credit Community Foundation
- Kuljit Rai
- RBC Financial Group Areawide
- RBC Foundation
- Redeemed Christian Church of God
- Retired Women Teachers of Ontario
- Bruce Rodgers
- Catherine Rowe
- Roy & Patricia Pullen
- Wes & Mary Scott
- Scotts Canada
- Shoppers Drug Mart Specialty Health Network
- Stackpole Powertrain
- Steelworkers Humanity Fund
- UPS Canada
- Elizabeth & Gary Ward
- Dr. Stanwick Lam Watt
- W.V. Wilkinson
- Wee Yeo

## The following is a list of those whose gifts as sponsors, event ticket purchasers, or 3rd party fundraisers totalled over \$1,000 in the 2011-2012 fiscal year.

- · Acosta Canada
- · Argo Park Developments
- · BDO Canada
- · Cantabile Developments
- · George Carlson
- · CBC Sounds of the Season
- · Century Group
- · Chanchlani Foundation
- · ConAgra Foods
- · Derrydale Golf Course · Embee Properties
- · Fram Building Group
- · FundSERV · General Mills Canada
- · Glen Schnarr & Associates
- · Greater Toronto Apartment Association
- · Hamount Investments
- · Kruger Products
- · Amarjot Lamba

- $\cdot \, \mathsf{Levi} \, \, \mathsf{Walk}\text{-}\mathsf{in} \, \, \mathsf{Clinic} \, \,$
- · Lyons Auto Body
- · Nav Mangat
- · Maritime-Ontario
- $\cdot \, Mattamy \, Homes \,$
- · Sam McDadi
- · Sue McFadden
- · Mercury Mortgages
- · Migo Media
- · Mississauga Honda
- · Morguard Residential
- · David Mosley
- · Nestle Canada
- · OPP Auxiliary Port Credit Detachment "Cram the Cruiser"
- · Carolyn Parrish
- · PepsiCo Foods
- · Porsche Cars Canada
- · Precise Parklink

- · Oster Productions
- Damara
- · Rotary Club of Mississauga Meadowvale
- · Sedona Developments Group
- · Smart Centres Management
- · Smucker Foods
- ·Sobevs
- · St. Mary's Food Bank
- Tim Hortons Store Owners of Mississauga
- · 'Twas the Bite Before Christmas
- · Vandvk Commercial
- · Waste Management
- · Whole Foods Market Square One -"Bag Hunger"
- · Yuan Ming Supermarket

· YUM! Restaurants

3rd party events are listed in italics.

## Thank You!

The following is a list of the top food donors (in pounds) who gave during the 2011-2012 fiscal year.

#### **Top 5 Corporate Food Donors**

Alternative Processing Systems	286,040
Sobeys Distribution	157,871
Maple Leaf Foods	12,494
ConAgra Foods	11,135
La Siembra Co-op	8,940

#### **Top 5 Food Drives**

OPP Auxiliary	49,690
Spring H.O.P.E.	22,780
Kuehne Nagel	16,951
Wal-Mart	11,174
Fundtastic Fund	10,451

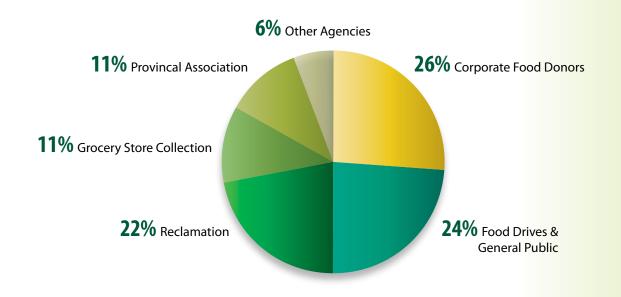
#### **Top 5 Public Food Collectors**

Fire Stations	85,255
Metro Stores	42,237
No Frills Stores	31,333
Loblaw Stores	23,932
Longo's Stores	19,779





## **Food Sources**



- Donate quickly and securely online at **www.themississaugafoodbank.org**. For every \$1 you give, we can distribute 3 meals!
- Donate food at your local fire hall or grocery store
- Volunteer in our warehouse or with any of our 154 partner programs





36-2550 Goldenridge Road Mississauga ON L4X 253 905.270.5589 www.themississaugafoodbank.org Charitable Registration #11892 7011 RR0001