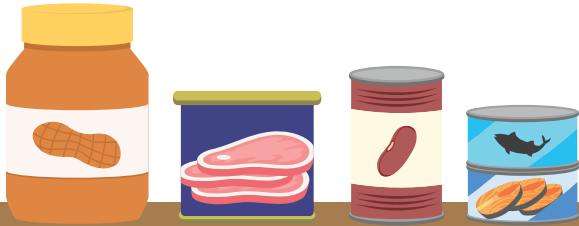




**FOOD
BANKS**
MISSISSAUGA

Most Needed Items



Peanut butter, canned fish
and meat, beans, lentils

PROTEIN

Soup, stew, fruit juice,
canned fruit and vegetables

FRUIT & VEGETABLES



Flour, pasta, rice, healthy
cereal, mac & cheese

GRAINS



Pasta sauce, baby
food and formula, oil

OTHER



**HELP US PROVIDE FRESH
FOOD! DONATE FUNDS:**
foodbanksmississauga.ca/spring

